

C-8859

Sub. Code

97011

P.G. DEGREE EXAMINATION, APRIL 2023.

Non - Semester

School Counselling

UNDERSTANDING SCHOOL ECOSYSTEM

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. What are the importance of school ecosystem?
2. Write the trends in education.
3. Define – positive discipline
4. What is the role of stakeholders?
5. Define the term child friendly school
6. List out the objectives of PTA.
7. What do you mean by stakeholders?
8. Write the duties of a child.
9. Write the physical environment of the school.
10. Write a short note on act 2009.

Part B

(5 × 5 = 25)

Answer **all** questions

11. (a) Explain “School as a system”.

Or

(b) Discuss the issues relating to discipline

12. (a) Discuss the strategies to enhance the academic performance

Or

(b) Explain the role of PTA

13. (a) Discuss the child friendly practices

Or

(b) Describe the implementation of the act 2009.

14. (a) Explain the rights of children.

Or

(b) Discuss the measurement and challenges of school

15. (a) Explain the indicators of academic performance

Or

(b) Describe the role of stakeholders.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain the types of stakeholders

Or

- (b) Discuss the challenges involved in the partnership and strategies to improve the functions of the associations.

17. (a) Describe the concept and importance of child friendly practices

Or

- (b) Discuss the concept of positive discipline and its importance, building of positive discipline

18. (a) Explain the rights of violations and duties of children

Or

- (b) What is psychosocial environment? Explain the concept and its importance in education.

C-8860

Sub. Code

97012

P.G. DIPLOMA EXAMINATION, APRIL 2023.

Non – Semester

School Counselling

BASIC OF HUMAN BEHAVIOUR

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define – Behaviour
2. What are the basic Structure of Brain?
3. What are the assumptions of human behaviour?
4. List out any for principles of learning
5. What are the Concept of Personality?
6. Define – Psychodynamic.
7. What is meant by motivation?
8. Write short note on Emotions?
9. Define social influence?
10. What is interpersonal attraction?

Part B

(5 × 5 = 25)

Answer **all** questions

11. (a) Describe the Neurotransmitters.

Or

(b) Explain the Neuron's basic structure.

12. (a) Describe the Classical Conditioning Theories of Learning

Or

(b) Describe the Principles and Practices of Learning Theories.

13. (a) Discuss the Humanistic approaches to personality

Or

(b) What are the measurement of personality?

14. (a) What are the Kinds of Motivation?

Or

(b) What are the needs approaches to Motivation?

15. (a) Distinguish between Prejudice and Discrimination.

Or

(b) Distinguish between Aggression and prosocial behaviour

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Describe the Brain and Human Speech

Or

(b) Explain the cognitive traids of human behaviour.

17. (a) Describe the Operant Conditioning Theory of Learning and it's Educational implications.

Or

(b) Discuss the types of personality.

18. (a) Enumerate the expression of emotions and the management of emotions.

Or

(b) Describe the foundations of prejudice and How will you reduction the consequences of prejudice.

C-8861

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97013

P.G. DIPLOMA EXAMINATION, APRIL 2023.

Non Semester

School Counselling

INTRODUCTION TO MENTAL HEALTH

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define mental health.
2. What is Mind?
3. What do you mean by resilience?
4. List out the protective factors of mental health.
5. Name the determinants of mental health.
6. State the concept of religion.
7. What is poverty?
8. Define : Stress.
9. State the types of prevention of mental health problems.
10. Write the objectives of prevention of mental health problems.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Give the importance of mental health.

Or

- (b) Write the physiological correlates of mental well being.

12. (a) How to promote the resilience?

Or

- (b) Explain the concept of resilience.

13. (a) List out the relationship between religion and mental health.

Or

- (b) Write the religions practices and its impact on mental health.

14. (a) Discuss the impact of poverty on mental health.

Or

- (b) Write about the stress reactions.

15. (a) Describe the strategies to promote mental health.

Or

- (b) Elaborate the concept of mental health.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Discuss about the normality and abnormality in mental health.

Or

- (b) Write about the indicators of mental health.

17. (a) Explain the drivers of resilience.

Or

- (b) Describe in detail about positive mental health.

18. (a) Elaborate the poverty measurements and indicators.

Or

- (b) Briefly discuss the prevention of mental health problems.

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97014

P.G. DIPLOMA EXAMINATION, APRIL 2023.

Non – Semester

School Counselling

**MENTAL HEALTH PROBLEMS OF CHILDREN AND
ADOLESCENT**

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define mental Health.
2. Give few examples of common Organic Mental disorders
3. What are some phobias?
4. Symptoms of Encopresis.
5. Who is an adolescent person?
6. What mental illness causes suicidal thoughts?
7. What is depression?
8. Can emotional problems cause physical pain?
9. What is a stakeholder?
10. What is psychiatric emergency?

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Have a short description about how you would define the term mental illnesses?

Or

- (b) Describe the determinants of mental disorders.

12. (a) Explain diagnosis and management of depression.

Or

- (b) Describe social hazards of childhood in development milestone.

13. (a) Explain the different stages of adolescence.

Or

- (b) How the peer groups play a major role in the life of adolescents?

14. (a) Briefly describe about mental disorders of Adolescents.

Or

- (b) Explain different types of somatoform disorders.

15. (a) Explain the challenges in school mental health program in India.

Or

- (b) What can help with anxiety and depression?

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Explain Etiology, diagnosis and management of MR, LD, and ADHD.

Or

- (b) Describe the development challenges in adolescence period. (Biological, Cognitive and Psychological)

17. (a) Explain etiology, diagnosis and management of substance use disorder.

Or

- (b) Explain role of stakeholders in the implementation of school mental health programme in Tamilnadu.

18. (a) Challenges and opportunities in addressing young people's health needs and rights- Discuss.

Or

- (b) Explain personality Disorders.
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97015

P.G. DIPLOMA EXAMINATION, APRIL 2023.

Non – Semester

School Counselling

FUNDAMENTALS OF COUNSELLING

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. State the concept of behaviour.
2. Mention the assumptions about the behaviour.
3. What is counselling?
4. What do you mean by eclectic counselling?
5. Define the term “Therapeutic”.
6. What is empathy?
7. Give a note on exploration process of counselling.
8. List out the counselling responses.
9. Write a note on ‘Attending skill’.
10. Give the attributes of an effective counsellor.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) How to understand the human behaviour?

Or

- (b) Give the connection between feelings and behaviour.

12. (a) Write the objectives of counselling.

Or

- (b) Give the distances between advice and counselling.

13. (a) Describe the conditions that facilitate therapeutic relationship.

Or

- (b) List out the importance of therapeutic relationship.

14. (a) Explain the understanding and action phases.

Or

- (b) Differentiate the interpretative response from the evaluative response.

15. (a) Explain the decision making skill.

Or

- (b) Write about the ethics in the practice of counselling.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Elaborate the functional and dysfunctional behaviours.

Or

- (b) Describe the various approaches to counselling.

17. (a) Discuss the factors influencing the outcome of counselling.

Or

- (b) Give a brief note on therapeutic relationship in counselling.

18. (a) Explain about the counselling process.

Or

- (b) Write any three basic counselling skills in detail.
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C-8864

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97016

P.G. DIPLOMA EXAMINATION, APRIL 2023.

Non-Semester

School Counselling

EDUCATIONAL PSYCHOLOGY

(2016 onwards)

Duration : 3 Hours

Maximum : 75 Marks

Part A

(10 × 2 = 20)

Answer **all** questions.

1. Define : Educational Psychology.
2. What is Cognition?
3. Define : Critical Analysis.
4. Give a note on 'Constructivism'.
5. What is 'Learning'?
6. What is Co-operative Learning?
7. Define : Aggression.
8. What do you know about Behaviour?
9. Define : Mental Health.
10. List out the importance of Mental Hygiene.

Part B

(5 × 5 = 25)

Answer **all** questions.

11. (a) Write the relationship between Psychology and Education.

Or

- (b) Give a detailed note on “Psychodynamic”.

12. (a) List out the Educational implications of Learning.

Or

- (b) Describe the social learning.

13. (a) Discuss the socio-cultural contexts for teaching and learning.

Or

- (b) List out the gender issues in the classroom.

14. (a) Write about the “Distraction”.

Or

- (b) Elaborate the Interpersonal problems.

15. (a) Describe the concept of Mental Health.

Or

- (b) Explain the student’s unrest and conflict.

Part C

(3 × 10 = 30)

Answer **all** questions.

16. (a) Write the contributions of various schools of Psychology.

Or

- (b) Elaborate the Educational Implications of learning.

17. (a) Discuss the constructivist theories.

Or

(b) Describe the Albert Bandura's social learning.

18. (a) Give the Approaches to managing classroom Behaviour.

Or

(b) Write the strategies for strengthening Mental health of students and teachers.
